



# BENBROOK BOBCATS

## COLLEGE NIGHT

Eligibility / Recruiting Process



# RECRUITING DISCLAIMER

**HIGH SCHOOL COACHES DO NOT OFFER  
AND SECURE SCHOLARSHIPS FOR  
ATHLETES.**

**HOWEVER, COACHES WILL ALWAYS  
HELP IN ANYWAY THEY CAN.**

**THERE ARE ALWAYS EXCEPTIONS TO THE  
INFORMATION IN THIS POWERPOINT**



# TOPICS

- **Core Course Requirements**
- **NCAA Clearinghouse**
- **GPA, Sliding Scale and SAT/ACT Testing**
- **Recruiting Terminology**
- **What can we do together to get these recruiting opportunities**
- **High School Sports**
- **Q&A**



# UNDERSTANDING RECRUITING

## A Guide for the College Bound High School Athlete





# ACADEMIC-ELIGIBILITY REQUIREMENTS

EACH ATHLETIC ASSOCIATION HAS DIFFERENT REQUIREMENTS THAT HAVE TO BE MET.

## NCAA

- NCAA DIV I
- NCAA DIV II
- NCAA DIV III

## NAIA

## NJCAA



**NCAA**

**National Collegiate Athletic Association**



# **NCAA DIVISION/ DIVISION II/ DIVISION III**

## **Playing Division I, Division II, Division III sports:**

- If you want to compete in NCAA sports at a Division I, Division II, Division III school, you need to register with the NCAA Eligibility Center to make sure you stay on track to meet initial-eligibility standards.
- If you have questions about your eligibility or the registration process, call us toll free at 1-877-262-1492. International students should call 317-917-6222.
- [Register with the NCAA Eligibility Center](#)
- <https://web3.ncaa.org/ecwr3/>



## **NCAA Div I, Div II, Div III –High School Grade Level:**

### **-Grade 9**

Ask your counselor for a list of your high school's [NCAA core courses](#) to make sure you take the right classes.

### **-Grade 10**

Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).

### **-Grade 11**

Check with your counselor to make sure you will graduate on time with the required number of [NCAA core courses](#).

-Take the [ACT or SAT](#) and submit your scores to the NCAA using code 9999.

At the end of the year, ask your counselor to upload your [official transcript](#) to the NCAA Eligibility Center.

### **-Grade 12**

Finish your last [NCAA core courses](#).

Take the [ACT or SAT](#) again, if necessary, and submit your scores to the NCAA using code 9999.

Complete all academic and [amateurism](#) questions in your NCAA Eligibility Center account at [eligibilitycenter.org](http://eligibilitycenter.org).

-After you graduate, ask your counselor to submit your final [official transcript](#) with proof of graduation to the NCAA Eligibility Center.





## What is the NCAA Eligibility Center?

- The Eligibility Center is not the NCAA, but an organization that performs academic evaluations for the NCAA.
- The Clearinghouse evaluates a student's academic record to determine if they are eligible to participate at a Division I or II college as a Freshman student athlete.
- **Athletes must be cleared to take an official visit at D1 or D2 level.**



## NCAA Eligibility Center Registration:

- Complete the Student Release Form

To register with the Eligibility Center, you must complete and sign the SRF and send it to the Eligibility Center along with the registration fee. ( \$80.00)

- Registering with the Eligibility Center, even qualifying with the NCAA does not guarantee acceptance to the University of choice.



## What does the SRF do?

It authorizes each high school you have attended to send the Eligibility Center your transcript, test scores, proof of graduation and other necessary academic information.

It authorizes the Eligibility Center to send your academic information to colleges that request your eligibility status.



# Counseling Center

Angela Hesselbrock our lead counselor in the counseling center. She will help our student athletes register for the NCAA Eligibility Center if they need assistance.

Mrs. Hesselbrock's Contact Information:

Angela Hesselbrock  
Lead Counselor, 12th Grade, Acceleration  
817-815-7116



## NCAA Division I Academic Eligibility Requirements:

To be eligible to compete in NCAA sports during your first year at a Division I school, you must graduate high school and meet ALL the following requirements:

-Complete 16 core courses:

Four years of English

Three years of math (Algebra 1 or higher)

Two years of natural/physical science (including one year of lab science if your high school offers it)

One additional year of English, math or natural/physical science

Two years of social science

Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy

Complete 10 core courses, including seven in English, math or natural/physical science, before your seventh semester. Once you begin your seventh semester, you may not repeat or replace any of those 10 courses to improve your core-course GPA.

-Earn at least a 2.3 GPA in your core courses.

-Earn an SAT combined score or ACT sum score matching your core-course GPA on the Division I sliding scale, which balances your test score and core-course GPA. If you have a low test score, you need a higher core-course GPA to be eligible. If you have a low core-course GPA, you need a higher test score to be eligible



## ❖ What if I don't meet the NCAA Division I Academic Requirements?

If you have not met all the Division I academic requirements, you may not compete in your first year at college. However, if you qualify as an academic redshirt you may practice during your first term in college and receive an athletics scholarship for the entire year.

### NCAA D1 Academic Redshirt -Requirements

Same requirements as a normal qualifier (however) core-course GPA can be as low as 2.000.



# NCAA DIVISION I SLIDING SCALE:

Core GPA	SAT	ACT	Core GPA	SAT	ACT	Core GPA	SAT	ACT
3.550 & above	400	37						
3.525	410	38	2.975	630	52	2.475	830	69
3.500	420	39	2.950	640	53	2.450	840	70
3.475	430	40	2.925	650	53	2.425	850	70
3.450	440	41	2.900	660	54	2.400	860	71
3.425	450	41	2.875	670	55	2.375	870	72
3.400	460	42	2.850	680	56	2.350	880	73
3.375	470	42	2.825	690	56	2.325	890	74
3.350	480	43	2.800	700	57			
3.325	490	44	2.775	710	58	GPA's Below 2.3 Are Redshirt only		
3.300	500	44	2.750	720	59	2.300	900	75
3.275	510	45	2.725	730	60	2.299	910	76
3.250	520	46	2.700	740	61	2.275	910	76
3.225	530	46	2.675	750	61	2.250	920	77
3.200	540	47	2.650	760	62	2.225	930	78
3.175	550	47	2.625	770	63	2.200	940	79
3.150	560	48	2.600	780	64	2.175	950	80
3.125	570	49	2.575	790	65	2.150	960	81
3.100	580	49	2.550	800	66	2.125	970	82
3.075	590	50	2.525	810	67	2.100	980	83
3.050	600	50	2.500	820	68	2.075	990	84
3.025	610	51				2.050	1000	85
3.000	620	52				2.025	1010	86
						2.000	1020	86



## NCAA Division II Academic Eligibility Requirements:

To be eligible to compete in NCAA sports during your first year at a Division II school, you must graduate high school and meet ALL the following requirements:

- You must meet academic requirements for your core courses, grade-point average (GPA) and test scores.
- The requirements are changing for students who enroll full-time at a Division II school after August 1, 2018.

### ❖ If you enroll **BEFORE** August 1, 2018

You must graduate high school and meet **ALL** the following requirements:

Complete 16 core courses:

Three years of English.

Two years of math (Algebra 1 or higher).

Two years of natural or physical science (including one year of lab science if your high school offers it).

Three additional years of English, math or natural or physical science

Two years of social science

Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy

Earn at least a 2.0 GPA in your core courses.

Earn a SAT combined score of 820 or an ACT sum score of 68.





**If you enroll AFTER August 1, 2018:**

You must graduate high school and meet **ALL** the following requirements:

Complete 16 core courses:

Three years of English.

Two years of math (Algebra 1 or higher).

Two years of natural or physical science (including one year of lab science if your high school offers it).

Three additional years of English, math or natural or physical science

Two years of social science

Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy

-Earn at least a 2.2 GPA in your core courses.

-Earn an SAT combined score or ACT sum score matching your core-course GPA on the Division II sliding scale, which balances your test score and core-course GPA. If you have a low test score, you need a higher core-course GPA to be eligible. If you have a low core-course GPA, you need a higher test score to be eligible.



## ❖ What if I don't meet the NCAA Division II requirements?

### **If you enroll BEFORE August 1, 2018**

If you enroll full-time at a Division II school before Aug. 1, 2018, and you have not met all the Division II academic requirements, you may not compete in your first year. However, if you meet the requirements to be a partial qualifier, you may practice and receive an athletics scholarship in your first year at college. To be a partial qualifier, you must graduate high school and meet **ONE** of the following requirements:

Earn a 2.0 GPA in 16 core courses:

- Three years of English.

- Two years of math (Algebra 1 or higher).

- Two years of natural or physical science (including one year of lab science if your high school offers it).

- Three additional years of English, math or natural or physical science

- Two years of social science

- Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy

Earn an SAT combined score of 820 or an ACT sum score of 68.



## What if I don't meet the NCAA Division II requirements Continued?

### **If you enroll AFTER August 1, 2018**

If you enroll full-time at a Division II school after Aug. 1, 2018, and you have not met all the Division II academic requirements, you may not compete in your first year. However, if you meet the requirements to be a partial qualifier, you may practice and receive an athletics scholarship in your first year at college. To be a partial qualifier, you must graduate high school and meet **ALL** the following requirements:

Complete 16 core courses:

Three years of English.

Two years of math (Algebra 1 or higher).

Two years of natural or physical science (including one year of lab science if your high school offers it).

Three additional years of English, math or natural or physical science

Two years of social science

Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy

**-Earn at least a 2.0 GPA in your core courses.**

**-Earn an SAT combined score or ACT sum score matching your core-course GPA on the Division II sliding scale.**

# NCAA DIVISION II SLIDING SCALE:



Use for Division II PARTIAL QUALIFIER after August 1, 2018

Use for Division II FULL QUALIFIER  
After August 1, 2018

			After August 1, 2018		
Core GPA	SAT	ACT	Core GPA	SAT	ACT
3.300 & above	400	37	2.725	630	52
3.275	410	38	2.7	640	53
3.25	420	39	2.675	650	53
3.225	430	40	2.65	660	54
3.2	440	41	2.625	670	55
3.175	450	41	2.6	680	56
3.15	460	42	2.575	690	56
3.125	470	42	2.55	700	57
3.1	480	43	2.525	710	58
3.075	490	44	2.5	720	59
3.05	500	44	2.475	730	59
3.025	510	45	2.45	740	60
3	520	46	2.425	750	61
2.975	530	46	2.4	760	62
2.95	540	47	2.375	770	63
2.925	550	47	2.35	780	64
2.9	560	48	2.325	790	65
2.875	570	49	2.3	800	66
2.85	580	49	2.275	810	67
2.825	590	50	2.25	820	68
2.8	600	50	2.225	830	69
2.775	610	51	2.2	840 & above	70 & above
2.75	620	52			

Core GPA	SAT	ACT
3.050 & above	400	37
3.025	410	38
3	420	39
2.975	430	40
2.95	440	41
2.925	450	41
2.9	460	42
2.875	470	42
2.85	480	43
2.825	490	44
2.8	500	44
2.775	510	45
2.75	520	46
2.725	530	46
2.7	540	47
2.675	550	47
2.65	560	48
2.625	570	49
2.6	580	49
2.575	590	50
2.55	600	50
2.525	610	51
2.5	620	52
2.475	630	52
2.45	640	53
2.425	650	53
2.4	660	54
2.375	670	55
2.35	680	56
2.325	690	56
2.3	700	57
2.275	710	58
2.25	720	59
2.225	730	60
2.2	740	61
2.175	750	61
2.15	760	62
2.125	770	63
2.1	780	64
2.075	790	65
2.05	800	66
2.025	810	67
2	820 & above	68 & above



## NCAA Division III Academic Eligibility Requirements:

- ❖ Division III does not use the NCAA Initial Eligibility Clearinghouse and set their own admission standards. There are no set eligibility requirements.

The Student must contact the College of Interest regarding its policies on Financial admission standards and eligibility requirements.



## ACT Test Dates

Test Date	Registration Deadline	Late Registration (fee applies)
September 9, 2017	August 4, 2017	August 5 – 18, 2017
October 28, 2017	September 22, 2017	September 23 – October 6, 2017
December 9, 2017	November 3, 2017	November 4 – 17, 2017
February 10, 2018	January 12, 2018	January 13 – 19, 2018
April 14, 2018	March 9, 2018	March 10 - 23, 2018
June 9, 2018	May 4, 2018	May 5 – 18, 2018
July 14, 2018	June 15, 2018	June 16-22, 2018

<http://www.act.org/content/act/en/register.html>



# SAT TEST DATES

SAT Test Dates	Registration Deadline
October 7, 2017	September 8, 2017
November 4, 2017	October 5, 2017
December 2, 2017	November 2, 2017
March 10, 2018	February 9, 2018
May 5, 2018	April 6, 2018
June 2, 2018	May 3, 2018

<https://collegereadiness.collegeboard.org/sat>



# FAFSA

(Free Application for Federal Student Aid)

The Free Application for Federal Student Aid (FAFSA) is a form that can be prepared annually by current and prospective college students (undergraduate and graduate) in the United States to determine their eligibility for student financial aid.

<https://fafsa.ed.gov/>





FOR MORE INFORMATION ON THE NCAA REQUIREMENTS :

PLEASE CHECK OUT THE



Eligibility Center

<https://web3.ncaa.org/ecwr3/>



**NAIA**

**National Association of Intercollegiate Athletics**



## Admission standards for athletes To participate in athletics in the NAIA:

- You must be admitted to the college or university under admission standards equal to or higher than those applied to the general student body.
- What about financial aid, scholarships, grants, loans? NAIA rules on financial aid are straightforward. Each school determines how much aid it awards to an individual student-athlete. Under no conditions may anyone else provide direct financial assistance to any student-athlete. Scholarships, grants-in-aid or student loans are controlled by each institution through the same committee that handles all student loans and scholarships.



FOR MORE INFORMATION CONCERNING  
NAIA REQUIREMENTS

PLEASE USE THE FOLLOWING URL

<http://www.playnaia.org/>



**National Junior College Athletic Association**



## NJCAA Does not fall under the NCAA or NAIA Regulations:

- These 2 year institutions create their own admission standards.
- There are no set eligibility requirements.

You must contact the College of Interest regarding its policies on Financial Aid, admission standards and eligibility requirements.

For More Information about the NJCAA, Please see the website below..

[http://www.njcaa.org/eligibility/eligibility\\_rules](http://www.njcaa.org/eligibility/eligibility_rules)



# Recruiting Regulations

Understanding Recruiting  
-Terminology  
-Dates



# Recruiting High School Athletes

The Recruiting process is a highly exciting time for all young athletes.

It is often a time when all their hard work both academically and athletically finally begins to show visible results.

What do I as an athlete and a parent need to know about the recruiting process?





# Recruiting Terminology

**Contact** – this occurs any time a coach has any face to face contact with you or your family off their campus and more than a hello is said.

This also includes any contact with you or your family by the coach at your high school or anywhere you are competing.

**Contact Period** – During this time, a college coach may have in person contact with you and/or your parents on or off the college's campus.

The coach may also watch you play or visit your high school. You and your parents may visit a college campus and the coach may write and telephone you during this period.



# Recruiting Terminology

**Dead Period** – The college coach may not have any in person contact with you or your parents at any time in the dead period.

The coach may write and telephone you or your parents during this time.

**Evaluation** – An evaluation is an activity by a coach to evaluate your academic or athletics ability. This would include visiting your high school or watching you practice or compete.

**Evaluation Period** – The college coach may watch you play or visit your high school, but cannot have any in-person conversations with you or your parents off the colleges campus. You and your parents can visit a college campus during this period. A coach may write and telephone you or your parents during this time.



# Recruiting Terminology

**Official Visit** – any visit to a college campus by you or your parents paid for by the college.

The college may pay the following expenses.

- ❖ Transportation to and from
- ❖ Room and Meals 3 per day
- ❖ Reasonable entertainment expenses, including 3 comp admissions to a home game.

Before a college may invite you on an official visit, you will have to provide the college with a copy of your high-school transcript (Division I only), and SAT, ACT, or PLAN score.

In Division I&II schools, a prospect can take five official visits. In Division III schools and the NAIA, official visits are unlimited. Prospects who are being recruited by both Division I/II and Division III & NAIA schools should take advantage of this, and give many Division III and NAIA schools a chance.



# Recruiting Terminology

**Quiet Period** – The college coach may not have any in person contact with you or your parents off the college's campus.

The coach may not watch you play or visit your high school during this period. You and your parents may visit a college campus during this time. A coach may write or telephone you or your parents during this time.

**Unofficial Visit** – Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletics contest.

You may make as many unofficial visits as you like and may take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.



# QUESTIONS ABOUT RECRUITING

When will recruiting begin?

When can my son/daughter be contacted?

How can my son/daughter be contacted?

Who will be contacting my son/daughter?

Who, How, When can we begin  
contacting someone?



# RECRUITING

The recruiting process for most but not all Division I athletes usually begins at the beginning of their Sophomore year of High School.

This does not mean that no contact means no chance of Scholarship.



# Sophomore Year – Division I

- Materials – You may receive brochures for camps and questionnaires
- Calls – You may make calls to coaches at your expense only.  
(Coaches cannot contact you.)
- Off Campus contact – NONE
- Official Visits – NONE
- Unofficial Visit – You may make unlimited unofficial visits.



# Junior Year - Division I

- Materials – You may begin receiving letters, other material by September 1.
- Calls – You may make calls to coaches at your expense only. Coaches may contact you once in May of this year.
- Off Campus Contact – NONE
- Official Visits – NONE
- Unofficial Visit – You may make unlimited unofficial visits.





# Senior Year – Division I

- Calls – You may make calls to coaches at your expense. Coaches may contact you once per week beginning September 1.
- Off Campus Contact – Allowed beginning November 27.
- Official Visits – Allowed beginning the first day of classes.  
(Limit 1 official visit per college, Maximum of 5 Colleges, this includes D1&D2.
- Unofficial Visit – You may make unlimited unofficial visits.
- Evaluation & Contacts – Up to six times during your senior year. 6 Times you or your parents can be contacted (including evaluation off campus), that includes only one evaluation between September – November.



# Sophomore – Division II

Same as Division I

- ☐ Receive brochures for camps.
- ☐ You may visit or call unlimited amount of times.
- ☐ No Contact by Coaches or Faculty.

## NCAA DIV II

**Recruiting Materials** - A coach may begin sending you printed recruiting materials Sept. 1 of this year.

**Calls** – Coach may call you once per week beginning June 15 between your Jr. and Sr. year. (You may make unlimited calls)



# NCAA DIV II RECRUITING TERMINOLOGY:

**Recruiting Materials** - A coach may begin sending you printed recruiting materials Sept. 1 of your sophomore year.

**Calls** – Coach may call you once per week beginning June 15 between your Jr. and Sr. year. (You may make unlimited calls)

**Off Campus Contact** – A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15 after your Junior year.

- They are limited to 3 in person contacts off campus.
- **Official Visits** – You may make official visits starting the opening day of classes your Senior year.
- You may make only one official visit per college and up to a maximum of five official visits to Division I and II colleges.



# NCAA DIV III RECRUITING TERMINOLOGY:

**Printed Materials** – Anytime

**Telephone Calls** – No limit how many, or when, or by who.

**Off Campus Contact** – A college coach may begin to have contact with you and your parents/legal guardians off the college's campus after your Junior year.

**Unofficial Visits** – Unlimited

**Official Visits** – You may make official visits starting the opening day of classes your senior year. You may make only one official visit per college, to unlimited colleges (Div. III)



## NCAA DIFFERENT DIVISIONS

NCAA - D1 “FBS” (ex-UT, TCU)

NCAA – D1AA “FCS” (SFA, ACU)

NCAA – D2 (A&M Commerce, MSU)

NCAA - D3 (ETBU, AustinCollege)



# Division I

Must sponsor at least seven sports for men and seven for women (or six for men and eight for women) with two team sports for each gender.

Div. I schools must meet minimum financial aid awards for their athletics program, and there are maximum financial aid awards for each sport that a Div. I school cannot exceed.

In the sport of football **only**, the Division 1 schools are divided into either DI (FBS-Football Bowl Subdivision) or DI-AA (FCS-Football Championship Subdivision).

FBS teams are allowed a maximum of 85 players receiving athletically-based aid per year, with each player allowed to receive up to a full scholarship; FCS teams have the same 85-player limit as FBS teams, but are only allowed to give aid equivalent to 63 full scholarships. FCS teams are allowed to award partial scholarships, a practice technically allowed but essentially never used at the FBS level. FBS teams also have to meet minimum attendance requirements (average 15,000 people in actual or paid attendance per home game), while FCS teams do not need to meet minimum attendance requirements.



# Division II

- Attendances and School Revenue are used to determine Division II status.
- Division II Universities are allowed 36 total scholarships but...Division II schools can “Break Up” their scholarships.
- Students are eligible to qualify for other aid. (Federal/Other)



# Division III

- Division III Universities provide no Athletic Scholarships or special opportunities for Student Athletes.
- This is the purest form of College Athletics.
- Grant and Aid packets determined through academics, testing, and need.





- The National Association of Intercollegiate Athletics (NAIA) offers scholarships on both the Division I and Division II level.
- Division III level sports do not offer scholarship funding.
- While the association will have fewer scholarships to go around than the more expansive NCAA - as there are fewer members schools - NAIA-participating schools have less-strict rules when it comes to being on a collegiate team. With roughly 300 member colleges and universities throughout the United States and Canada, the NAIA offers financial aid to cover tuition costs, mandatory fees, books and supplies, and room and board based on the official room and board allowance by the institution. The NAIA offers both men and women the opportunity to compete at his or her highest level. There are NAIA National Championships for men in cross country, soccer, football, indoor and outdoor track and field, swimming and diving, wrestling, volleyball, basketball, baseball, tennis, lacrosse, and golf. Women's National Championships are offered in volleyball, soccer, cross country, indoor and outdoor track and field, swimming and diving, basketball, softball, tennis, lacrosse, and golf.



# NJCAA

## **NJCAA Scholarships**

If you're planning on going to a community college and playing on a junior college sports team, you could be eligible for funding from the National Junior College Athletic Association (NJCAA), which awards full and partial scholarships, or grant-in-aid awards, to talented athletes at its 525 member colleges.

-The NJCAA sponsors the following sports: fall and spring baseball, basketball, bowling, cross country, football, fall and spring golf, ice hockey, indoor and outdoor track and field, spring and fall lacrosse, fall and spring softball, fall and spring soccer, swimming and diving, fall and spring tennis, fall and spring volleyball, and wrestling.



# WHAT DOES ALL THIS MEAN?

## 1<sup>ST</sup> Start Preparing Realistically;

- First and Foremost be a, “Student Athlete”
- Must begin thinking about tomorrow, today.
- Keep records of Academic Info Current
- Be thinking what and where is a place of interest for me, my child.
- Everyone will not get a scholarship.
- Not to discourage, but to be honest. Look at the schools roster that you want to play at and compare them to you.
- Control What you can Control
  - ☐ Academics
  - ☐ Strength/Speed Training
  - ☐ Fundamentals
  - ☐ ATTITUDE & EFFORT
  - ☐ Being The Best Person You Can Be.



## 2<sup>ND</sup> Work, Work, Work....

- Academically -What you do today effects what you can do tomorrow.
- Athletically.. Strength/Speed/Agility, there is no substitute for it, and no excuse for the lack of it. (You determine your opportunity.)
- Socially....Be Involved.
- Strongly encourage you to be a multi-sport athlete.



## **Number of Scholarships Men's Sports Division I**

Basketball - 13

Baseball – 11.7

Cross Country/ Track and Field - 12.6

Golf – 4.5

Soccer – 9.9

Swimming – 9.9

Tennis – 4.5

Wrestling – 9.9

Football – 85



## **Number of Scholarships Women's Sports Division I**

Basketball - 13

Cross Country/Track and Field - 18

Golf - 6

Soccer - 12

Softball - 12

Swimming - 14

Tennis - 8

Volleyball - 12



# What Do The High School Coaches Do For You?

In football, we make an individual highlight videos in HUDL to be shown to all interested coaches. I also have a recruiting form that gets sent out to college that recruit here and can be sent out to certain schools based on a players recommendation. As the Boys Athletic Coordinator I also encourage our other Head Coaches to do the same for their athletes.. This year we have also partnered with Field Level to help get our athletes in front of the college recruiters.

- ☐ We fill out all questionnaires that come from colleges and recruiting services.
- ☐ We provide SAT, ACT, and financial aid information and deadlines.
- ☐ We promote you and this team in any way possible.
- ☐ We push you to become the best person, student, and athlete you can be!

# BENBROOK HIGH SCHOOL

201 Overcrest Drive, Benbrook, Tx 76126

# BOBCATS

Head Coach: Cody Slater

(940) 564-0536

cody.slater@fwisd.org

Athletic Period: 2:45-3:35 P.M.

Athletic Phone #: (817) 815-7100

School Phone #: (817) 815-7100

Fax #: (817) 815-7150

## SOPHMORES



WR/FS - Soph (*class of 2019*)  
6'1 185  
817-815-7100

[email](#)

40 / Pro Agility  
Bench / Squat  
(SAT - ) (ACT- )



RB/S - Soph (*class of 2019*)  
5'8" 165  
817-815-7100

[email](#)

40 / Pro Agility  
Bench / Squat  
(SAT - ) (ACT- )



WR/FS - Soph (*class of 2019*)  
6'1 185  
817-815-7100

[email](#)

40 / Pro Agility  
Bench / Squat  
(SAT - ) (ACT- )



WR/FS - Soph (*class of 2019*)  
6'1 185  
817-815-7100

[email](#)

40 / Pro Agility  
Bench / Squat  
(SAT - ) (ACT- )



OL/DL - Soph (*class of 2019*)  
6'1 185  
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# What Can You Do To Help Yourself?

- Be organized and have a plan.
- Research colleges that interests you. Fill out recruiting questionnaire on their websites.
- Make your grades! Do as good as you possibly can in all your classes.
- Have a great off-season. Improve as much as possible on all your tests.
- Play great next year and help us have a great season! The further we go in the playoffs and the more we have team success, the more exposure you will get.
- Sign up to take the Tests. I will not promote and athlete their senior year if they have not taken a test prior to the first day of their senior year and until I receive a test score.
- Sign up for NCAA Eligibility Center once there is some recruiting interest. Cannot take an official visit without it.
- Let us know when you get your scores in.
- Be realistic in your expectations.

# What Can You Do To Help Yourself?

- Keep the TEAM first and remember that the more success we have as a Team, the more rewards there are for everyone.
- Don't get caught up with things you cannot control.
- Attend camps and combines. Be seen. For most sports, colleges do not show up on campus. They see you at showcase tournaments and camps.
- Be a multi-sport athlete!! They like multi-sport athletes. 88 percent of Ohio States 2015 recruiting class in football were multi-sport athletes. 89 percent in the draft were multi-sport athletes. Whatever the sport, if you do some research you will find many of the top athletes in the pros and college played multiple sports. Enjoy your 4 years with us.
- Recruiting Services that charge you- Not a big fan. I have never had a kid receive a scholarship through one in football. It may help get exposure for other sports.
- Stay in contact with your High School coach about the desire to play at the next level and work together for that opportunity.

# What to Ask When Being Recruited?

Ask about Athletics..

- What positions will I play on your team?
- How soon do you see me playing?

Ask about the schools Academics..

- How good is the department in my major?
- College Life
- Describe the typical class size.
- Costs vs. scholarship/ financial aid.

# In Conclusion

- Know the Coaches at BMHS are working for your student/athletes.
- Recruiters - Know we will be honest with all recruiters about our athletes, always.
- Letters - Mean they are tracking you and evaluating you.
- Camps - Are for evaluation not to teach you how to play the game. Chance to showcase yourself.
- Test Scores - SAT or ACT prior to senior year.
- Scholarships – We don't give out scholarships but, we will do everything possible to help you.



# QUESTIONS

Contact:

Cody Slater – Boys AC/Head Football Coach

School Phone –(817)-815-7141

Email - [cody.slater@fwisd.org](mailto:cody.slater@fwisd.org)

**OR**

Leta Lofton – Girls AC / Head Basketball Coach

School Phone (817)-815-7100

Email - [esoleta.lofton@fwisd.org](mailto:esoleta.lofton@fwisd.org)